

# COVID\_CD\_RISC\_10

## Survey Flow

Block: RISC\_10 (1 Question)

EmbeddedData

CD\_RISC\_10\_raw = \${gr://SC\_5sYUngBKt5gZ5l3/Score}

Page Break

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Start of Block: RISC\_10

RISC1 Please indicate how much you agree with the following statements as they apply to you over the last **month**. If a particular situation has not occurred recently, answer according to how you think you would have felt.

	Not at all true (1)	Rarely true (2)	Sometimes true (3)	Often true (4)	True nearly all the time (5)
I am able to adapt when changes occur. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can deal with whatever comes my way. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I try to see the humorous side of things when I am faced with problems. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having to cope with stress can make me stronger. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend to bounce back after illness, injury, or other hardships. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I can achieve my goals, even if there are obstacles. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Under pressure, I stay focused and think clearly. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am not  
easily  
discouraged  
by failure. (8)

☐☐☐☐☐

I think of  
myself as a  
strong person  
when dealing  
with life's  
challenges  
and  
difficulties. (9)

☐☐☐☐☐

I am able to  
handle  
unpleasant or  
painful  
feelings like  
sadness,  
fear, and  
anger. (10)

☐☐☐☐☐

End of Block: RISC\_10

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